

# Welsh Castles Relay 2008

## 15/06/2008 - Final Results

Stage 11: Newtown to Llanbadarn Fynydd; Distance: 12.3 Miles

Record: 01:03:29 (1988) - Paul Dugdale [Horwich RMI Harriers]

| Pos | Runner                  | Team                          | Time     | Behind Leader | Class Posn. | Behind Leader |
|-----|-------------------------|-------------------------------|----------|---------------|-------------|---------------|
| 1   | John McFarlane          | 35 Thames Hare & Hounds       | 01:08:43 |               | 1st Open    |               |
| 2   | Pumlani Bangani         | 25 Salford Harriers AC        | 01:09:16 | + 0:33        | 2nd Open    | +0:33         |
| 3   | Graham Brook            | 30 Stragglers                 | 01:10:55 | + 2:12        | 3rd Open    | +2:12         |
| 4   | Phil Cook               | 16 Les Croupiers RC           | 01:11:32 | + 2:49        | 4th Open    | +2:49         |
| 5   | Tim Lewis               | 6 Bridgend AC                 | 01:11:44 | + 3:01        | 5th Open    | +3:01         |
| 6   | Simon Barrett           | 28 Serpentine R.C.            | 01:12:19 | + 3:36        | 6th Open    | +3:36         |
| 7   | Jordan Donnelly         | 42 Wirral AC                  | 01:12:36 | + 3:53        | 7th Open    | +3:53         |
| =   | Andy Ward               | 40 Wigan Phoenix              | 01:12:36 | + 3:53        | 7th Open    | +3:53         |
| 9   | George Hide (V40)       | 41 Winchester & District      | 01:13:22 | + 4:39        | 9th Open    | +4:39         |
| 10  | Charlie Pass            | 38 Wesham Road Runners        | 01:13:54 | + 5:11        | 10th Open   | +5:11         |
| 11  | Dave Penwarden          | 23 Poole Runners              | 01:14:23 | + 5:40        | 11th Open   | +5:40         |
| 12  | Matt Hooper             | 3 Bitton RR                   | 01:15:10 | + 6:27        | 12th Open   | +6:27         |
| 13  | Richard Everson (V40)   | 51 South West RR (V)          | 01:18:33 | + 9:50        | 1st Vet     |               |
| 14  | Arwel Lewis (V40)       | 13 Eryri Harriers             | 01:18:54 | + 10:11       | 13th Open   | +10:11        |
| 15  | John Sproson (V40)      | 20 Middleton Harriers         | 01:19:20 | + 10:37       | 14th Open   | +10:37        |
| 16  | Stuart Curtis (V40)     | 33 TeamBath AC                | 01:19:39 | + 10:56       | 15th Open   | +10:56        |
| 17  | Steve Hollier (V50)     | 9 Clevedon AC                 | 01:19:59 | + 11:16       | 16th Open   | +11:16        |
| 18  | Ivan Teed               | 8 Chepstow Harriers           | 01:20:00 | + 11:17       | 17th Open   | +11:17        |
| 19  | Marcus Crompton (V40)   | 37 Vale Royal AC              | 01:20:28 | + 11:45       | 18th Open   | +11:45        |
| 20  | Kenny Roberts (V40)     | 31 Stroud & District AC       | 01:21:14 | + 12:31       | 19th Open   | +12:31        |
| 21  | David Davies (V50)      | 21 Neath Harriers             | 01:21:54 | + 13:11       | 20th Open   | +13:11        |
| 22  | Des Mclvor (V40)        | 54 Wirral AC (V)              | 01:22:58 | + 14:15       | 2nd Vet     | +4:25         |
| 23  | Terry Townsend (V)      | 49 Bristol & West AC (V)      | 01:23:29 | + 14:46       | 3rd Vet     | +4:56         |
| 24  | Leighton Gardner        | 52 Swansea Harriers (V)       | 01:24:22 | + 15:39       | 4th Vet     | +5:49         |
| 25  | Paul Morris (V40)       | 50 Les Croupiers RC (V)       | 01:24:40 | + 15:57       | 5th Vet     | +6:07         |
| 26  | Theo Tesselaar          | 15 Haarlem Globetrotters      | 01:25:09 | + 16:26       | 21st Open   | +16:26        |
| 27  | Jane Fanning (F)        | 45 Serpentine R.C. (L)        | 01:25:11 | + 16:28       | 1st Lady    |               |
| 28  | Andrea Culp (F)         | 14 Great Western Runners      | 01:26:37 | + 17:54       | 22nd Open   | +17:54        |
| 29  | Jo Pritchard (F)        | 44 Les Croupiers RC (L)       | 01:26:38 | + 17:55       | 2nd Lady    | +1:27         |
| 30  | John Weeden             | 55 Air Products PLC           | 01:27:36 | + 18:53       | 1st Bus     |               |
| 31  | Dean Hardie (V40)       | 1 3M Gorseinon RR             | 01:28:04 | + 19:21       | 23rd Open   | +19:21        |
| 32  | Paul Lidgett            | 57 Netregs                    | 01:28:46 | + 20:03       | 2nd Bus     | +1:10         |
| 33  | Graham Davies (V50)     | 48 Blackpool Wyre & Fylde (V) | 01:28:51 | + 20:08       | 6th Vet     | +10:18        |
| 34  | Alan Court (V40)        | 12 Eastleigh RC               | 01:29:00 | + 20:17       | 24th Open   | +20:17        |
| 35  | Stuart Park             | 39 Westbury Harriers          | 01:29:37 | + 20:54       | 25th Open   | +20:54        |
| 36  | James Thomas            | 27 Sarn Helen Club            | 01:30:05 | + 21:22       | 26th Open   | +21:22        |
| 37  | Chris Davies (V50)      | 17 Liswerry Runners           | 01:30:11 | + 21:28       | 27th Open   | +21:28        |
| 38  | Stephen Symons (V40)    | 19 Manchester YMCA            | 01:30:25 | + 21:42       | 28th Open   | +21:42        |
| 39  | Mary Bowen-Rees (V40)   | 36 T.R.O.T.s                  | 01:30:36 | + 21:53       | 29th Open   | +21:53        |
| 40  | Alex Slief (V40)        | 56 Corus Strip Products       | 01:30:37 | + 21:54       | 3rd Bus     | +3:01         |
| 41  | Brian Doran (V40)       | 7 Bromsgrove/Redditch AC      | 01:30:43 | + 22:00       | 30th Open   | +22:00        |
| 42  | Rachel Disley (F)       | 53 Thames Hare & Hounds (V)   | 01:30:51 | + 22:08       | 7th Vet     | +12:18        |
| 43  | Alison Smith (F)        | 32 Tattenhall Runners         | 01:32:05 | + 23:22       | 31st Open   | +23:22        |
| 44  | Claire Curtis (F)       | 47 TeamBath AC (L)            | 01:32:28 | + 23:45       | 3rd Lady    | +7:17         |
| 45  | Dominic Shields (V40)   | 26 San Dom./Parc BB RC        | 01:33:24 | + 24:41       | 32nd Open   | +24:41        |
| 46  | Lisa Yeomans (F)        | 34 Telford Harriers           | 01:33:42 | + 24:59       | 33rd Open   | +24:59        |
| 47  | Iain Millar (V40)       | 11 Dulwich Runners            | 01:36:04 | + 27:21       | 34th Open   | +27:21        |
| 48  | Justin Bennetts         | 29 South West RR              | 01:37:23 | + 28:40       | 35th Open   | +28:40        |
| 49  | Michael Golden (V50)    | 4 Blackpool Wyre & Fylde      | 01:38:32 | + 29:49       | 36th Open   | +29:49        |
| 50  | E Roland Sherwood (V50) | 10 C.S.A. Wanderers           | 01:38:36 | + 29:53       | 37th Open   | +29:53        |
| 51  | Dawn Drake (F)          | 43 Bitton RR (L)              | 01:39:17 | + 30:34       | 4th Lady    | +14:06        |
| 52  | Steve New (V)           | 58 South Wales Police AAC     | 01:39:37 | + 30:54       | 4th Bus     | +12:01        |
| 53  | Jackie Lyndsay (F)      | 46 Spa Striders (L)           | 01:40:02 | + 31:19       | 5th Lady    | +14:51        |
| 54  | Peter Smith (V40)       | 2 Abergele Harriers           | 01:40:41 | + 31:58       | 38th Open   | +31:58        |
| 55  | Debbie Otley (F)        | 22 Pontypridd Roadents AC     | 01:43:48 | + 35:05       | 39th Open   | +35:05        |
| 56  | Keith Treharne (V50)    | 5 Brackla Harriers            | 01:44:57 | + 36:14       | 40th Open   | +36:14        |
| 57  | Tracy Colligan (F)      | 24 Prestatyn RC               | 01:48:54 | + 40:11       | 41st Open   | +40:11        |
| 58  | Melanie Koth (F)        | 18 Lytham St Annes RR         | 01:50:01 | + 41:18       | 42nd Open   | +41:18        |

# Welsh Castles Relay 2008

## 15/06/2008 - Final Results

Stage 12: Llanbadarn Fynydd to Crossgates; Distance: 11.2 Miles

Record: 00:53:33 (1993) - Gareth Davies [Bridgend AC]

| Pos | Runner                 | Team                          | Time     | Behind Leader | Class Posn. | Behind Leader |
|-----|------------------------|-------------------------------|----------|---------------|-------------|---------------|
| 1   | Andrew Reynolds        | 21 Neath Harriers             | 01:04:52 |               | 1st Open    |               |
| 2   | Stuart Reeves          | 16 Les Croupiers RC           | 01:05:02 | + 0:10        | 2nd Open    | +0:10         |
| 3   | Andrew Davies          | 28 Serpentine R.C.            | 01:05:12 | + 0:20        | 3rd Open    | +0:20         |
| 4   | Rob Hunt (V)           | 6 Bridgend AC                 | 01:05:50 | + 0:58        | 4th Open    | +0:58         |
| 5   | Kevin Edwards          | 40 Wigan Phoenix              | 01:05:55 | + 1:03        | 5th Open    | +1:03         |
| 6   | Eddie Gilligan (V)     | 19 Manchester YMCA            | 01:07:22 | + 2:30        | 6th Open    | +2:30         |
| 7   | John Cakebread (V50)   | 23 Poole Runners              | 01:07:51 | + 2:59        | 7th Open    | +2:59         |
| 8   | Ian Simpson (V40)      | 32 Tattenhall Runners         | 01:08:05 | + 3:13        | 8th Open    | +3:13         |
| 9   | Mark Baylis (V40)      | 54 Wirral AC (V)              | 01:08:20 | + 3:28        | 1st Vet     |               |
| 10  | Ian McDonald (V)       | 58 South Wales Police AAC     | 01:08:54 | + 4:02        | 1st Bus     |               |
| 11  | Craig Davey            | 33 TeamBath AC                | 01:08:59 | + 4:07        | 9th Open    | +4:07         |
| 12  | Bev Wright (F)         | 48 Blackpool Wyre & Fylde (V) | 01:09:05 | + 4:13        | 2nd Vet     | +0:45         |
| 13  | Neil Maston (V40)      | 9 Clevedon AC                 | 01:09:20 | + 4:28        | 10th Open   | +4:28         |
| 14  | Chris Allton (V40)     | 52 Swansea Harriers (V)       | 01:09:35 | + 4:43        | 3rd Vet     | +1:15         |
| 15  | Anthony Woodall        | 13 Eryri Harriers             | 01:10:48 | + 5:56        | 11th Open   | +5:56         |
|     | = Victoria Collins (F) | 45 Serpentine R.C. (L)        | 01:10:48 | + 5:56        | 1st Lady    |               |
| 17  | James Edwards (V50)    | 37 Vale Royal AC              | 01:11:34 | + 6:42        | 12th Open   | +6:42         |
| 18  | Brian Phillips (V40)   | 26 San Dom./Parc BB RC        | 01:11:37 | + 6:45        | 13th Open   | +6:45         |
| 19  | Lucy Cartwright (F)    | 29 South West RR              | 01:11:40 | + 6:48        | 14th Open   | +6:48         |
| 20  | Steve Rosser (V40)     | 51 South West RR (V)          | 01:11:45 | + 6:53        | 4th Vet     | +3:25         |
| 21  | Andy Tremain           | 41 Winchester & District      | 01:12:45 | + 7:53        | 15th Open   | +7:53         |
| 22  | Paul Hutchins (V40)    | 30 Stragglers                 | 01:13:21 | + 8:29        | 16th Open   | +8:29         |
| 23  | Andy Phillips (V40)    | 3 Bitton RR                   | 01:13:29 | + 8:37        | 17th Open   | +8:37         |
| 24  | Peter Kellam (V40)     | 50 Les Croupiers RC (V)       | 01:14:26 | + 9:34        | 5th Vet     | +6:06         |
| 25  | Dave Stokes (V40)      | 7 Bromsgrove/Redditch AC      | 01:14:30 | + 9:38        | 18th Open   | +9:38         |
|     | = Clive Tucker (V50)   | 49 Bristol & West AC (V)      | 01:14:30 | + 9:38        | 6th Vet     | +6:10         |
| 27  | Peter Davies (V50)     | 27 Sarn Helen Club            | 01:16:19 | + 11:27       | 19th Open   | +11:27        |
| 28  | Paul Saba (V40)        | 15 Haarlem Globetrotters      | 01:16:56 | + 12:04       | 20th Open   | +12:04        |
| 29  | Kirstin Baker (F)      | 11 Dulwich Runners            | 01:17:03 | + 12:11       | 21st Open   | +12:11        |
| 30  | Lorna Shaw (F)         | 8 Chepstow Harriers           | 01:17:35 | + 12:43       | 22nd Open   | +12:43        |
| 31  | Colin Jones (V50)      | 12 Eastleigh RC               | 01:18:29 | + 13:37       | 23rd Open   | +13:37        |
| 32  | Tony Burt (V50)        | 5 Brackla Harriers            | 01:18:44 | + 13:52       | 24th Open   | +13:52        |
| 33  | Tim Reese (V40)        | 17 Lliswerry Runners          | 01:18:51 | + 13:59       | 25th Open   | +13:59        |
| 34  | Andy Kirby (V)         | 14 Great Western Runners      | 01:18:58 | + 14:06       | 26th Open   | +14:06        |
| 35  | Siana Jones (F)        | 39 Westbury Harriers          | 01:19:31 | + 14:39       | 27th Open   | +14:39        |
| 36  | Aimee Jackson (F)      | 34 Telford Harriers           | 01:19:36 | + 14:44       | 28th Open   | +14:44        |
| 37  | Yvonne Bullen (F)      | 44 Les Croupiers RC (L)       | 01:19:54 | + 15:02       | 2nd Lady    | +9:06         |
| 38  | David Banham           | 55 Air Products PLC           | 01:20:46 | + 15:54       | 2nd Bus     | +11:52        |
| 39  | Helen Williams (V40)   | 36 T.R.O.T.s                  | 01:21:07 | + 16:15       | 29th Open   | +16:15        |
| 40  | Rachel Haining (F)     | 35 Thames Hare & Hounds       | 01:21:27 | + 16:35       | 30th Open   | +16:35        |
| 41  | Lindsey Dow (F)        | 47 TeamBath AC (L)            | 01:22:04 | + 17:12       | 3rd Lady    | +11:16        |
| 42  | Charlie Bowcock (V40)  | 20 Middleton Harriers         | 01:22:11 | + 17:19       | 31st Open   | +17:19        |
| 43  | Craig Fowler (V40)     | 22 Pontypridd Roadents AC     | 01:22:15 | + 17:23       | 32nd Open   | +17:23        |
| 44  | Vanda Cox (F)          | 53 Thames Hare & Hounds (V)   | 01:22:19 | + 17:27       | 7th Vet     | +13:59        |
| 45  | Dennis Moran (V50)     | 25 Salford Harriers AC        | 01:22:21 | + 17:29       | 33rd Open   | +17:29        |
| 46  | Jane Fraser (F)        | 42 Wirral AC                  | 01:22:42 | + 17:50       | 34th Open   | +17:50        |
| 47  | Peter Cooke (V40)      | 38 Wesham Road Runners        | 01:23:38 | + 18:46       | 35th Open   | +18:46        |
| 48  | Lindsey Sturdy (F)     | 57 Netregs                    | 01:24:04 | + 19:12       | 3rd Bus     | +15:10        |
| 49  | Alan Lucas (V50)       | 2 Abergele Harriers           | 01:24:21 | + 19:29       | 36th Open   | +19:29        |
| 50  | David Twizell (V50)    | 4 Blackpool Wyre & Fylde      | 01:28:35 | + 23:43       | 37th Open   | +23:43        |
| 51  | Terry Hefferman (V50)  | 31 Stroud & District AC       | 01:30:22 | + 25:30       | 38th Open   | +25:30        |
| 52  | Linda Scheringa (F)    | 56 Corus Strip Products       | 01:30:27 | + 25:35       | 4th Bus     | +21:33        |
| 53  | Jude Baum (F)          | 46 Spa Striders (L)           | 01:30:30 | + 25:38       | 4th Lady    | +19:42        |
| 54  | Sarah Tatton (F)       | 18 Lytham St Annes RR         | 01:31:05 | + 26:13       | 39th Open   | +26:13        |
| 55  | Linda Hird (F)         | 43 Bitton RR (L)              | 01:32:51 | + 27:59       | 5th Lady    | +22:03        |
| 56  | Julie Logan (F)        | 24 Prestatyn RC               | 01:33:29 | + 28:37       | 40th Open   | +28:37        |
| 57  | Christine Hurdidge (F) | 1 3M Gorseinon RR             | 01:36:21 | + 31:29       | 41st Open   | +31:29        |
| 58  | Pat Sherwood (F)       | 10 C.S.A. Wanderers           | 01:52:00 | + 47:08       | 42nd Open   | +47:08        |

# Welsh Castles Relay 2008

## 15/06/2008 - Final Results

Stage 13: Crossgates to Buihth Wells; Distance: 10.6 Miles

Record: 00:52:19 (1998) - Greg Newhams [Bridgend AC]

| Pos | Runner                 | Team                          | Time     | Behind Leader | Class Posn. | Behind Leader |
|-----|------------------------|-------------------------------|----------|---------------|-------------|---------------|
| 1   | Robin Tuddenham        | 28 Serpentine R.C.            | 00:58:28 |               | 1st Open    |               |
| 2   | Paul Graham            | 30 Stragglers                 | 00:59:32 | + 1:04        | 2nd Open    | +1:04         |
| 3   | Graham Ratcliffe (V50) | 54 Wirral AC (V)              | 01:00:55 | + 2:27        | 1st Vet     |               |
| 4   | Phil Jenkins (V)       | 6 Bridgend AC                 | 01:02:38 | + 4:10        | 3rd Open    | +4:10         |
| 5   | Matt Townsend          | 16 Les Croupiers RC           | 01:02:59 | + 4:31        | 4th Open    | +4:31         |
| 6   | Julian Carter (V40)    | 50 Les Croupiers RC (V)       | 01:03:13 | + 4:45        | 2nd Vet     | +2:18         |
| 7   | Mark Seed (V40)        | 25 Salford Harriers AC        | 01:03:17 | + 4:49        | 5th Open    | +4:49         |
| 8   | Ben Belcher            | 40 Wigan Phoenix              | 01:03:28 | + 5:00        | 6th Open    | +5:00         |
| 9   | Sjaak Betjes           | 56 Corus Strip Products       | 01:03:30 | + 5:02        | 1st Bus     |               |
| 10  | Sonia O'Sullivan (F)   | 35 Thames Hare & Hounds       | 01:04:02 | + 5:34        | 7th Open    | +5:34         |
| 11  | Dave Gapper (V)        | 49 Bristol & West AC (V)      | 01:04:03 | + 5:35        | 3rd Vet     | +3:08         |
| 12  | Andy Oliver            | 19 Manchester YMCA            | 01:04:36 | + 6:08        | 8th Open    | +6:08         |
| 13  | Shaun Tobin (V40)      | 52 Swansea Harriers (V)       | 01:05:23 | + 6:55        | 4th Vet     | +4:28         |
| 14  | Steve Williams (V40)   | 21 Neath Harriers             | 01:05:29 | + 7:01        | 9th Open    | +7:01         |
| 15  | Ira Rainey             | 3 Bitton RR                   | 01:05:34 | + 7:06        | 10th Open   | +7:06         |
| 16  | John Lancaster         | 33 TeamBath AC                | 01:06:33 | + 8:05        | 11th Open   | +8:05         |
| 17  | Emyr Davies (V50)      | 13 Eryri Harriers             | 01:07:10 | + 8:42        | 12th Open   | +8:42         |
| 18  | Joe Jefferies (F)      | 41 Winchester & District      | 01:07:35 | + 9:07        | 13th Open   | +9:07         |
| 19  | Mike Richards (V40)    | 9 Clevedon AC                 | 01:08:03 | + 9:35        | 14th Open   | +9:35         |
| 20  | Andrew Hayon (V40)     | 51 South West RR (V)          | 01:08:54 | + 10:26       | 5th Vet     | +7:59         |
| 21  | Colin Rathbone (V50)   | 37 Vale Royal AC              | 01:08:59 | + 10:31       | 15th Open   | +10:31        |
| 22  | Dave Ozanne (V40)      | 23 Poole Runners              | 01:09:48 | + 11:20       | 16th Open   | +11:20        |
| 23  | Kelly Morgan (F)       | 58 South Wales Police AAC     | 01:10:54 | + 12:26       | 2nd Bus     | +7:24         |
| 24  | Emily Hargreaves (F)   | 18 Lytham St Annes RR         | 01:11:48 | + 13:20       | 17th Open   | +13:20        |
| 25  | Peter Broomfield (V50) | 31 Stroud & District AC       | 01:11:57 | + 13:29       | 18th Open   | +13:29        |
| 26  | David Durrant (V)      | 55 Air Products PLC           | 01:12:42 | + 14:14       | 3rd Bus     | +9:12         |
| 27  | Claire Hawkes (F)      | 42 Wirral AC                  | 01:13:03 | + 14:35       | 19th Open   | +14:35        |
| 28  | Nicola Richmond (F)    | 11 Dulwich Runners            | 01:13:36 | + 15:08       | 20th Open   | +15:08        |
| 29  | Dorian Hughes (V40)    | 26 San Dom./Parc BB RC        | 01:13:41 | + 15:13       | 21st Open   | +15:13        |
| 30  | Graham Vyner (V)       | 1 3M Gorseinon RR             | 01:13:48 | + 15:20       | 22nd Open   | +15:20        |
| 31  | Gareth Hughes (V50)    | 24 Prestatyn RC               | 01:13:53 | + 15:25       | 23rd Open   | +15:25        |
| 32  | Bas Van Dam (V50)      | 15 Haarlem Globetrotters      | 01:14:50 | + 16:22       | 24th Open   | +16:22        |
| 33  | David Bennett (V50)    | 57 Netregs                    | 01:15:34 | + 17:06       | 4th Bus     | +12:04        |
| 34  | Paul Bigmore (V)       | 5 Brackla Harriers            | 01:16:35 | + 18:07       | 25th Open   | +18:07        |
| 35  | Emma Oughton (F)       | 14 Great Western Runners      | 01:16:40 | + 18:12       | 26th Open   | +18:12        |
| 36  | Pam Rutherford (F)     | 45 Serpentine R.C. (L)        | 01:17:05 | + 18:37       | 1st Lady    |               |
| 37  | Len Quartly (V50)      | 7 Bromsgrove/Redditch AC      | 01:17:22 | + 18:54       | 27th Open   | +18:54        |
| 38  | Chris Birch (V40)      | 36 T.R.O.T.s                  | 01:17:27 | + 18:59       | 28th Open   | +18:59        |
| 39  | Graham Bazby (V40)     | 39 Westbury Harriers          | 01:18:07 | + 19:39       | 29th Open   | +19:39        |
| =   | Peter Gibson (V50)     | 48 Blackpool Wyre & Fylde (V) | 01:18:07 | + 19:39       | 6th Vet     | +17:12        |
| 41  | Ellie Howard (F)       | 20 Middleton Harriers         | 01:18:19 | + 19:51       | 30th Open   | +19:51        |
| 42  | Alan Gibbons (V50)     | 53 Thames Hare & Hounds (V)   | 01:20:28 | + 22:00       | 7th Vet     | +19:33        |
| 43  | Karen Dawkins (F)      | 43 Bitton RR (L)              | 01:20:34 | + 22:06       | 2nd Lady    | +3:29         |
| 44  | Andrew Edgell          | 27 Sarn Helen Club            | 01:21:01 | + 22:33       | 31st Open   | +22:33        |
| 45  | John Bertenshaw (V50)  | 38 Wesham Road Runners        | 01:21:04 | + 22:36       | 32nd Open   | +22:36        |
| 46  | Catherine Jones (F)    | 32 Tattenhall Runners         | 01:21:19 | + 22:51       | 33rd Open   | +22:51        |
| 47  | Huw Durham             | 22 Pontypridd Roadents AC     | 01:23:44 | + 25:16       | 34th Open   | +25:16        |
| =   | Jo Bradley (F)         | 47 TeamBath AC (L)            | 01:23:44 | + 25:16       | 3rd Lady    | +6:39         |
| 49  | Alexandra Dutton (F)   | 2 Abergele Harriers           | 01:23:47 | + 25:19       | 35th Open   | +25:19        |
| 50  | Sue Scott (F)          | 29 South West RR              | 01:23:59 | + 25:31       | 36th Open   | +25:31        |
| 51  | Sarah McCarthy (F)     | 44 Les Croupiers RC (L)       | 01:24:08 | + 25:40       | 4th Lady    | +7:03         |
| 52  | Nicola Page (F)        | 12 Eastleigh RC               | 01:24:38 | + 26:10       | 37th Open   | +26:10        |
| 53  | Alison Larwood (F)     | 34 Telford Harriers           | 01:25:30 | + 27:02       | 38th Open   | +27:02        |
| 54  | Paula Washington (F)   | 4 Blackpool Wyre & Fylde      | 01:28:09 | + 29:41       | 39th Open   | +29:41        |
| 55  | Howard Attwood (V50)   | 17 Llswerry Runners           | 01:28:12 | + 29:44       | 40th Open   | +29:44        |
| 56  | Jane Bayliss (F)       | 8 Chepstow Harriers           | 01:28:34 | + 30:06       | 41st Open   | +30:06        |
| 57  | Clare Hatfield (F)     | 10 C.S.A. Wanderers           | 01:28:46 | + 30:18       | 42nd Open   | +30:18        |
| 58  | Roz Cox (F)            | 46 Spa Striders (L)           | 01:30:06 | + 31:38       | 5th Lady    | +13:01        |

# Welsh Castles Relay 2008

## 15/06/2008 - Final Results

Stage 14: Built Wells to Drovers Arms; Distance: 11 Miles

Record: 00:58:00 (2005) - Phill Sly [Thames Hare & Hounds]

| Pos | Runner                    | Team                          | Time     | Behind Leader | Class Posn. | Behind Leader |
|-----|---------------------------|-------------------------------|----------|---------------|-------------|---------------|
| 1   | James McMullan            | 35 Thames Hare & Hounds       | 01:02:14 |               | 1st Open    |               |
| 2   | Willard Chinhanhu         | 23 Poole Runners              | 01:03:24 | + 1:10        | 2nd Open    | +1:10         |
| 3   | Alex Fritsch              | 16 Les Croupiers RC           | 01:03:30 | + 1:16        | 3rd Open    | +1:16         |
| 4   | Vito Graffagnino          | 9 Clevedon AC                 | 01:06:42 | + 4:28        | 4th Open    | +4:28         |
| 5   | Andrew Reeves             | 28 Serpentine R.C.            | 01:06:56 | + 4:42        | 5th Open    | +4:42         |
| 6   | Rob Atkins                | 6 Bridgend AC                 | 01:07:02 | + 4:48        | 6th Open    | +4:48         |
| 7   | Chris Phelan (V50)        | 30 Stragglers                 | 01:07:12 | + 4:58        | 7th Open    | +4:58         |
| 8   | Nigel Thompson (V40)      | 18 Lytham St Annes RR         | 01:07:28 | + 5:14        | 8th Open    | +5:14         |
| 9   | Phil West                 | 25 Salford Harriers AC        | 01:08:25 | + 6:11        | 9th Open    | +6:11         |
| 10  | Darren Blazier            | 2 Abergele Harriers           | 01:08:38 | + 6:24        | 10th Open   | +6:24         |
| 11  | Alan Davies (V)           | 52 Swansea Harriers (V)       | 01:08:48 | + 6:34        | 1st Vet     |               |
| 12  | Stefan Van Der Pols (V40) | 15 Haarlem Globetrotters      | 01:09:04 | + 6:50        | 11th Open   | +6:50         |
| 13  | Nic Archer (F)            | 37 Vale Royal AC              | 01:09:08 | + 6:54        | 12th Open   | +6:54         |
| 14  | Stuart Robinson           | 4 Blackpool Wyre & Fylde      | 01:09:37 | + 7:23        | 13th Open   | +7:23         |
| 15  | Julian Mann               | 41 Winchester & District      | 01:09:46 | + 7:32        | 14th Open   | +7:32         |
| 16  | Peter Scarrat (V40)       | 54 Wirral AC (V)              | 01:10:21 | + 8:07        | 2nd Vet     | +1:33         |
| 17  | Nick Davis                | 8 Chepstow Harriers           | 01:11:17 | + 9:03        | 15th Open   | +9:03         |
| 18  | Glyn Price (V40)          | 27 Sarn Helen Club            | 01:11:26 | + 9:12        | 16th Open   | +9:12         |
| 19  | Mo Manir-Jolley           | 40 Wigan Phoenix              | 01:12:13 | + 9:59        | 17th Open   | +9:59         |
| 20  | Rob Jones (V40)           | 50 Les Croupiers RC (V)       | 01:13:23 | + 11:09       | 3rd Vet     | +4:35         |
| 21  | Nigel Edwards (V40)       | 14 Great Western Runners      | 01:13:27 | + 11:13       | 18th Open   | +11:13        |
| 22  | Richard Pitt (V50)        | 53 Thames Hare & Hounds (V)   | 01:14:40 | + 12:26       | 4th Vet     | +5:52         |
| 23  | Simon Lewis (V40)         | 26 San Dom./Parc BB RC        | 01:15:12 | + 12:58       | 19th Open   | +12:58        |
| 24  | Leon Foster               | 42 Wirral AC                  | 01:15:26 | + 13:12       | 20th Open   | +13:12        |
| 25  | Simon Hill (V40)          | 3 Bitton RR                   | 01:15:43 | + 13:29       | 21st Open   | +13:29        |
| 26  | Dave Philips (V50)        | 51 South West RR (V)          | 01:15:52 | + 13:38       | 5th Vet     | +7:04         |
| 27  | Rhodri Davies             | 58 South Wales Police AAC     | 01:16:22 | + 14:08       | 1st Bus     |               |
| 28  | David Garner (V)          | 19 Manchester YMCA            | 01:17:21 | + 15:07       | 22nd Open   | +15:07        |
| 29  | Malc Bostock (V40)        | 20 Middleton Harriers         | 01:17:52 | + 15:38       | 23rd Open   | +15:38        |
| 30  | Charles Sanders (V40)     | 33 TeamBath AC                | 01:17:55 | + 15:41       | 24th Open   | +15:41        |
| 31  | Darran McLane             | 29 South West RR              | 01:17:56 | + 15:42       | 25th Open   | +15:42        |
| 32  | Daniel Harris             | 56 Corus Strip Products       | 01:18:02 | + 15:48       | 2nd Bus     | +1:40         |
| 33  | Paul Howarth (V40)        | 13 Eryri Harriers             | 01:18:05 | + 15:51       | 26th Open   | +15:51        |
| 34  | Gregg Ward                | 39 Westbury Harriers          | 01:18:35 | + 16:21       | 27th Open   | +16:21        |
| 35  | Jo Thompson (F)           | 47 TeamBath AC (L)            | 01:18:46 | + 16:32       | 1st Lady    |               |
| 36  | Calvin Scoltock (V)       | 7 Bromsgrove/Redditch AC      | 01:18:52 | + 16:38       | 28th Open   | +16:38        |
| 37  | Stuart Williams (V40)     | 48 Blackpool Wyre & Fylde (V) | 01:19:35 | + 17:21       | 6th Vet     | +10:47        |
| 38  | Richard Hurdle            | 31 Stroud & District AC       | 01:21:23 | + 19:09       | 29th Open   | +19:09        |
| 39  | Dave Humphries            | 17 Lliswerry Runners          | 01:22:21 | + 20:07       | 30th Open   | +20:07        |
| 40  | Steve Bajic (V40)         | 34 Telford Harriers           | 01:22:35 | + 20:21       | 31st Open   | +20:21        |
| 41  | Libby O'Duffy (F)         | 44 Les Croupiers RC (L)       | 01:22:54 | + 20:40       | 2nd Lady    | +4:08         |
| 42  | Russell Mabbett (V40)     | 38 Wesham Road Runners        | 01:23:14 | + 21:00       | 32nd Open   | +21:00        |
| 43  | Alun Rees                 | 21 Neath Harriers             | 01:23:55 | + 21:41       | 33rd Open   | +21:41        |
| 44  | Geriant Rees              | 5 Brackla Harriers            | 01:24:37 | + 22:23       | 34th Open   | +22:23        |
| 45  | Martin Morley (V50)       | 11 Dulwich Runners            | 01:25:55 | + 23:41       | 35th Open   | +23:41        |
| 46  | Liz Whiting (F)           | 45 Serpentine R.C. (L)        | 01:26:14 | + 24:00       | 3rd Lady    | +7:28         |
| 47  | Rob Fowler (V50)          | 10 C.S.A. Wanderers           | 01:26:23 | + 24:09       | 36th Open   | +24:09        |
| 48  | Cornelius Corcoran (V40)  | 22 Pontypridd Roadents AC     | 01:26:40 | + 24:26       | 37th Open   | +24:26        |
| 49  | Jo McDonough (F)          | 24 Prestatyn RC               | 01:26:53 | + 24:39       | 38th Open   | +24:39        |
| 50  | Cyril Walters (V50)       | 36 T.R.O.T.s                  | 01:27:49 | + 25:35       | 39th Open   | +25:35        |
| 51  | Justin Realf (V40)        | 32 Tattenhall Runners         | 01:28:36 | + 26:22       | 40th Open   | +26:22        |
| 52  | Mike Taylor (V)           | 49 Bristol & West AC (V)      | 01:28:48 | + 26:34       | 7th Vet     | +20:00        |
| 53  | Dawn Clark (F)            | 46 Spa Striders (L)           | 01:28:58 | + 26:44       | 4th Lady    | +10:12        |
| 54  | Geoff Baxter              | 57 Netregs                    | 01:29:07 | + 26:53       | 3rd Bus     | +12:45        |
| 55  | Maggie Bromley (F)        | 43 Bitton RR (L)              | 01:29:11 | + 26:57       | 5th Lady    | +10:25        |
| 56  | Mark Jennings (V40)       | 12 Eastleigh RC               | 01:29:46 | + 27:32       | 41st Open   | +27:32        |
| 57  | Mike Nash                 | 1 3M Gorseinon RR             | 01:30:46 | + 28:32       | 42nd Open   | +28:32        |
| 58  | Matthew Gilbert           | 55 Air Products PLC           | 01:39:58 | + 37:44       | 4th Bus     | +23:36        |



# Welsh Castles Relay 2008

## 15/06/2008 - Final Results

Stage 16: Brecon to Beacons Reservoir; Distance: 8.8 Miles

New Route - New Record Set Today

| Pos | Runner                  | Team                          | Time     | Behind Leader | Class Posn. | Behind Leader |
|-----|-------------------------|-------------------------------|----------|---------------|-------------|---------------|
| 1   | Matthew King            | 41 Winchester & District      | 00:51:51 |               | 1st Open    |               |
| 2   | Richard Phillips        | 28 Serpentine R.C.            | 00:52:49 | + 0:58        | 2nd Open    | +0:58         |
| 3   | Alex Rowe (V50)         | 38 Wesham Road Runners        | 00:53:01 | + 1:10        | 3rd Open    | +1:10         |
| 4   | Paul Synnott (V40)      | 33 TeamBath AC                | 00:53:20 | + 1:29        | 4th Open    | +1:29         |
| 5   | David Bird (V40)        | 57 Netregs                    | 00:53:24 | + 1:33        | 1st Bus     |               |
| 6   | Sean McCormack (V40)    | 2 Abergele Harriers           | 00:53:36 | + 1:45        | 5th Open    | +1:45         |
| 7   | Phill George            | 16 Les Croupiers RC           | 00:53:57 | + 2:06        | 6th Open    | +2:06         |
| 8   | Nick Page (V40)         | 9 Clevedon AC                 | 00:54:07 | + 2:16        | 7th Open    | +2:16         |
| 9   | Jonathan Sacks          | 25 Salford Harriers AC        | 00:54:21 | + 2:30        | 8th Open    | +2:30         |
| 10  | Andy Howse (V40)        | 35 Thames Hare & Hounds       | 00:54:36 | + 2:45        | 9th Open    | +2:45         |
| 11  | Simon Osborne (V)       | 6 Bridgend AC                 | 00:54:51 | + 3:00        | 10th Open   | +3:00         |
| 12  | Lee Christmas (V40)     | 31 Stroud & District AC       | 00:54:53 | + 3:02        | 11th Open   | +3:02         |
| 13  | Paul Weall              | 40 Wigan Phoenix              | 00:55:17 | + 3:26        | 12th Open   | +3:26         |
| 14  | Ifan Lloyd (V40)        | 52 Swansea Harriers (V)       | 00:55:32 | + 3:41        | 1st Vet     |               |
| 15  | Michael Davies          | 27 Sarn Helen Club            | 00:55:44 | + 3:53        | 13th Open   | +3:53         |
| 16  | Jim Aylmore (V40)       | 23 Poole Runners              | 00:56:11 | + 4:20        | 14th Open   | +4:20         |
| 17  | Nigel Rothwell (V40)    | 30 Stragglers                 | 00:56:41 | + 4:50        | 15th Open   | +4:50         |
| 18  | Calum Cheshire          | 8 Chepstow Harriers           | 00:58:02 | + 6:11        | 16th Open   | +6:11         |
| 19  | Tudor Harries (V50)     | 21 Neath Harriers             | 00:58:15 | + 6:24        | 17th Open   | +6:24         |
| 20  | Nick Einchcombe (V40)   | 51 South West RR (V)          | 00:59:21 | + 7:30        | 2nd Vet     | +3:49         |
| 21  | Mike Farmery (V50)      | 53 Thames Hare & Hounds (V)   | 00:59:23 | + 7:32        | 3rd Vet     | +3:51         |
| 22  | Clive Thomas (V40)      | 36 T.R.O.T.s                  | 00:59:42 | + 7:51        | 18th Open   | +7:51         |
| 23  | Paul Dawes (V40)        | 26 San Dom./Parc BB RC        | 00:59:49 | + 7:58        | 19th Open   | +7:58         |
| 24  | Dylan Owen (V40)        | 13 Eryri Harriers             | 01:00:17 | + 8:26        | 20th Open   | +8:26         |
| 25  | James Derren            | 12 Eastleigh RC               | 01:00:45 | + 8:54        | 21st Open   | +8:54         |
| 26  | Dave Harris             | 17 Llisbury Runners           | 01:00:54 | + 9:03        | 22nd Open   | +9:03         |
| 27  | Steve McKay (V40)       | 20 Middleton Harriers         | 01:01:45 | + 9:54        | 23rd Open   | +9:54         |
| 28  | Chris Gibbs (V40)       | 54 Wirral AC (V)              | 01:01:55 | + 10:04       | 4th Vet     | +6:23         |
| 29  | Bill Hammarstrom (V40)  | 55 Air Products PLC           | 01:02:04 | + 10:13       | 2nd Bus     | +8:40         |
| 30  | Dave Coles (V40)        | 50 Les Croupiers RC (V)       | 01:02:29 | + 10:38       | 5th Vet     | +6:57         |
| 31  | Alan Elsmere (V50)      | 7 Bromsgrove/Redditch AC      | 01:02:52 | + 11:01       | 24th Open   | +11:01        |
| 32  | Ross Hale (V40)         | 3 Bitton RR                   | 01:03:04 | + 11:13       | 25th Open   | +11:13        |
| 33  | Andrew Jenkins (V)      | 56 Corus Strip Products       | 01:03:12 | + 11:21       | 3rd Bus     | +9:48         |
| 34  | Helen Whitby (F)        | 37 Vale Royal AC              | 01:03:27 | + 11:36       | 26th Open   | +11:36        |
| 35  | Ilonka Betjes (F)       | 15 Haarlem Globetrotters      | 01:04:25 | + 12:34       | 27th Open   | +12:34        |
| 36  | Jane Coker (F)          | 44 Les Croupiers RC (L)       | 01:04:31 | + 12:40       | 1st Lady    |               |
| 37  | John McNeilly (V50)     | 14 Great Western Runners      | 01:04:52 | + 13:01       | 28th Open   | +13:01        |
| 38  | Phillip Court           | 39 Westbury Harriers          | 01:05:15 | + 13:24       | 29th Open   | +13:24        |
| 39  | Nick Hume (V50)         | 48 Blackpool Wyre & Fylde (V) | 01:05:52 | + 14:01       | 6th Vet     | +10:20        |
| 40  | Roger Carter (V)        | 19 Manchester YMCA            | 01:06:52 | + 15:01       | 30th Open   | +15:01        |
| 41  | Theresa Brady (F)       | 45 Serpentine R.C. (L)        | 01:07:00 | + 15:09       | 2nd Lady    | +2:29         |
| 42  | Alison Vuagniaux (F)    | 47 TeamBath AC (L)            | 01:07:05 | + 15:14       | 3rd Lady    | +2:34         |
| 43  | Andy Murray (V50)       | 11 Dulwich Runners            | 01:07:14 | + 15:23       | 31st Open   | +15:23        |
| 44  | Steve Minto (V50)       | 4 Blackpool Wyre & Fylde      | 01:08:10 | + 16:19       | 32nd Open   | +16:19        |
| 45  | Vanessa Hawkins (F)     | 43 Bitton RR (L)              | 01:08:16 | + 16:25       | 4th Lady    | +3:45         |
| 46  | Mark Dickinson (V50)    | 49 Bristol & West AC (V)      | 01:09:08 | + 17:17       | 7th Vet     | +13:36        |
| 47  | Tim James               | 58 South Wales Police AAC     | 01:09:13 | + 17:22       | 4th Bus     | +15:49        |
| 48  | Amanda Davies (F)       | 32 Tattenhall Runners         | 01:09:17 | + 17:26       | 33rd Open   | +17:26        |
| 49  | Michael Rickus (V40)    | 34 Telford Harriers           | 01:09:30 | + 17:39       | 34th Open   | +17:39        |
| 50  | Mark Jones (V40)        | 22 Pontypridd Roadents AC     | 01:11:27 | + 19:36       | 35th Open   | +19:36        |
| 51  | Gaynor Hulland (F)      | 1 3M Gorseinon RR             | 01:11:45 | + 19:54       | 36th Open   | +19:54        |
| 52  | Phil Protheroe          | 5 Brackla Harriers            | 01:12:55 | + 21:04       | 37th Open   | +21:04        |
| 53  | Michelle Clements (F)   | 46 Spa Striders (L)           | 01:13:57 | + 22:06       | 5th Lady    | +9:26         |
| 54  | Dave Jones (V50)        | 24 Prestatyn RC               | 01:15:11 | + 23:20       | 38th Open   | +23:20        |
| 55  | Paul Barter (V40)       | 29 South West RR              | 01:18:35 | + 26:44       | 39th Open   | +26:44        |
| 56  | Trevor Willoughby (V50) | 18 Lytham St Annes RR         | 01:23:30 | + 31:39       | 40th Open   | +31:39        |
| 57  | Michelle Phillips (F)   | 10 C.S.A. Wanderers           | 01:24:52 | + 33:01       | 41st Open   | +33:01        |
| 58  | James Downey (V40)      | 42 Wirral AC                  | 01:28:00 | + 36:09       | 42nd Open   | +36:09        |

# Welsh Castles Relay 2008

## 15/06/2008 - Final Results

Stage 17: Beacons Reservoir to Cyfarthfa Castle; Distance: 9.2 Miles

Record: 00:47:53 (2005) - Chris Meyler [Bridgend AC]

| Pos | Runner                      | Team                          | Time     | Behind Leader | Class Posn. | Behind Leader |
|-----|-----------------------------|-------------------------------|----------|---------------|-------------|---------------|
| 1   | Martin Rees (V50)           | 56 Corus Strip Products       | 00:46:38 |               | 1st Bus     |               |
| 2   | Darren Hiscox               | 6 Bridgend AC                 | 00:47:17 | + 0:39        | 1st Open    |               |
| 3   | Mark Palser                 | 16 Les Croupiers RC           | 00:52:06 | + 5:28        | 2nd Open    | +4:49         |
| 4   | George Robinson             | 31 Stroud & District AC       | 00:52:50 | + 6:12        | 3rd Open    | +5:33         |
| 5   | Luke Sturgess-Durden        | 33 TeamBath AC                | 00:53:17 | + 6:39        | 4th Open    | +6:00         |
| 6   | Richard Smith (V40)         | 9 Clevedon AC                 | 00:53:52 | + 7:14        | 5th Open    | +6:35         |
| 7   | Charles Cooper              | 35 Thames Hare & Hounds       | 00:54:35 | + 7:57        | 6th Open    | +7:18         |
| 8   | Bradley Cobb (V50)          | 28 Serpentine R.C.            | 00:55:16 | + 8:38        | 7th Open    | +7:59         |
| 9   | Keith Jones (V40)           | 54 Wirral AC (V)              | 00:55:49 | + 9:11        | 1st Vet     |               |
| 10  | Dave Dunn (V40)             | 18 Lytham St Annes RR         | 00:56:41 | + 10:03       | 8th Open    | +9:24         |
| 11  | John Collingham             | 15 Haarlem Globetrotters      | 00:57:57 | + 11:19       | 9th Open    | +10:40        |
| 12  | Bruce Willerton (V)         | 49 Bristol & West AC (V)      | 00:58:06 | + 11:28       | 2nd Vet     | +2:17         |
| 13  | Gavin Clegg (V50)           | 23 Poole Runners              | 00:58:22 | + 11:44       | 10th Open   | +11:05        |
| 14  | Rob Millward (V50)          | 51 South West RR (V)          | 00:59:06 | + 12:28       | 3rd Vet     | +3:17         |
| 15  | Simon Bowen (V50)           | 7 Bromsgrove/Redditch AC      | 00:59:16 | + 12:38       | 11th Open   | +11:59        |
| 16  | Jacqui Jones (F)            | 40 Wigan Phoenix              | 00:59:29 | + 12:51       | 12th Open   | +12:12        |
| 17  | Mike Anthony (V50)          | 17 Liswerry Runners           | 00:59:39 | + 13:01       | 13th Open   | +12:22        |
| 18  | Rowena Melbourne (F)        | 36 T.R.O.T.s                  | 00:59:54 | + 13:16       | 14th Open   | +12:37        |
| 19  | Trish Robson (F)            | 39 Westbury Harriers          | 01:00:29 | + 13:51       | 15th Open   | +13:12        |
| 20  | Peter John Rhys Lewis (V40) | 13 Eryri Harriers             | 01:00:49 | + 14:11       | 16th Open   | +13:32        |
| 21  | John Hargreaves (V50)       | 14 Great Western Runners      | 01:00:50 | + 14:12       | 17th Open   | +13:33        |
| 22  | Lou Summers (F)             | 8 Chepstow Harriers           | 01:00:52 | + 14:14       | 18th Open   | +13:35        |
| 23  | Jeff Russell (V50)          | 26 San Dom./Parc BB RC        | 01:01:10 | + 14:32       | 19th Open   | +13:53        |
| 24  | Andy Taylor (V40)           | 29 South West RR              | 01:01:14 | + 14:36       | 20th Open   | +13:57        |
| 25  | Dawn Kenwright (F)          | 27 Sarn Helen Club            | 01:01:15 | + 14:37       | 21st Open   | +13:58        |
| 26  | Mike Davies (V50)           | 50 Les Croupiers RC (V)       | 01:01:27 | + 14:49       | 4th Vet     | +5:38         |
| 27  | Gary Moore (V40)            | 38 Wesham Road Runners        | 01:01:29 | + 14:51       | 22nd Open   | +14:12        |
| 28  | Joy Radford (F)             | 41 Winchester & District      | 01:01:43 | + 15:05       | 23rd Open   | +14:26        |
| 29  | Emma Gray (F)               | 30 Stragglers                 | 01:02:01 | + 15:23       | 24th Open   | +14:44        |
| 30  | Phil Bamsey (V50)           | 21 Neath Harriers             | 01:02:08 | + 15:30       | 25th Open   | +14:51        |
| 31  | John Rogers (V)             | 58 South Wales Police AAC     | 01:02:12 | + 15:34       | 2nd Bus     | +15:34        |
| 32  | Hafod Evans (V50)           | 10 C.S.A. Wanderers           | 01:02:30 | + 15:52       | 26th Open   | +15:13        |
| 33  | Rachel Whittaker (F)        | 45 Serpentine R.C. (L)        | 01:03:10 | + 16:32       | 1st Lady    |               |
| 34  | Andrew Dunscombe (V40)      | 22 Pontypridd Roadents AC     | 01:03:40 | + 17:02       | 27th Open   | +16:23        |
| 35  | Sian Philips (F)            | 52 Swansea Harriers (V)       | 01:05:02 | + 18:24       | 5th Vet     | +9:13         |
| 36  | Sid Sacks (V50)             | 25 Salford Harriers AC        | 01:05:51 | + 19:13       | 28th Open   | +18:34        |
| 37  | Libby Lavis (V50)           | 5 Brackla Harriers            | 01:06:13 | + 19:35       | 29th Open   | +18:56        |
| 38  | Steve Ingham (V)            | 19 Manchester YMCA            | 01:07:10 | + 20:32       | 30th Open   | +19:53        |
| 39  | Gill Kellam (F)             | 44 Les Croupiers RC (L)       | 01:07:26 | + 20:48       | 2nd Lady    | +4:16         |
| 40  | Karen Dunford (F)           | 48 Blackpool Wyre & Fylde (V) | 01:07:30 | + 20:52       | 6th Vet     | +11:41        |
| 41  | Jon Diaper (V40)            | 12 Eastleigh RC               | 01:07:33 | + 20:55       | 31st Open   | +20:16        |
| 42  | Richard Knight              | 57 Netregs                    | 01:07:36 | + 20:58       | 3rd Bus     | +20:58        |
| 43  | Pete Hopes (V40)            | 3 Bitton RR                   | 01:08:00 | + 21:22       | 32nd Open   | +20:43        |
| 44  | Caroline Sandles (F)        | 1 3M Gorseinon RR             | 01:08:24 | + 21:46       | 33rd Open   | +21:07        |
| 45  | Glenda Davies (F)           | 24 Prestatyn RC               | 01:08:36 | + 21:58       | 34th Open   | +21:19        |
| 46  | Lynda Keepen (F)            | 47 TeamBath AC (L)            | 01:09:56 | + 23:18       | 3rd Lady    | +6:46         |
| 47  | Helene Gilmour (F)          | 42 Wirral AC                  | 01:10:07 | + 23:29       | 35th Open   | +22:50        |
| 48  | David Oldfield (V50)        | 32 Tattenhall Runners         | 01:10:17 | + 23:39       | 36th Open   | +23:00        |
| 49  | Dave Arnold (V50)           | 34 Telford Harriers           | 01:10:20 | + 23:42       | 37th Open   | +23:03        |
| 50  | Di Morgan (F)               | 11 Dulwich Runners            | 01:10:52 | + 24:14       | 38th Open   | +23:35        |
| 51  | Pauline Davies (F)          | 37 Vale Royal AC              | 01:11:15 | + 24:37       | 39th Open   | +23:58        |
| 52  | Stevie McCarten (V50)       | 2 Abergele Harriers           | 01:13:09 | + 26:31       | 40th Open   | +25:52        |
| 53  | Rose Rowson (F)             | 20 Middleton Harriers         | 01:13:42 | + 27:04       | 41st Open   | +26:25        |
| 54  | Bev Brown (F)               | 46 Spa Striders (L)           | 01:16:44 | + 30:06       | 4th Lady    | +13:34        |
| 55  | Alan Belk (V50)             | 55 Air Products PLC           | 01:17:54 | + 31:16       | 4th Bus     | +31:16        |
| 56  | Jackie Loader (F)           | 43 Bitton RR (L)              | 01:18:24 | + 31:46       | 5th Lady    | +15:14        |
| 57  | John Bryant (V50)           | 53 Thames Hare & Hounds (V)   | 01:22:16 | + 35:38       | 7th Vet     | +26:27        |
| 58  | Vicky Robinson (F)          | 4 Blackpool Wyre & Fylde      | 01:22:23 | + 35:45       | 42nd Open   | +35:06        |

# Welsh Castles Relay 2008

## 15/06/2008 - Final Results

Stage 18: Rhyd-y-Car Centre to Abercynon (Navigation Park); Distance: 9.1 Miles

Record: 00:50:07 (2005) - Christian Cobbold [Les Croupiers RC]

| Pos | Runner                         | Team                          | Time       | Behind Leader | Class Posn. | Behind Leader |
|-----|--------------------------------|-------------------------------|------------|---------------|-------------|---------------|
| 1   | Lee Aherne (V40)               | 16 Les Croupiers RC           | 00:51:35   |               | 1st Open    |               |
| 2   | David Moore (V40)              | 35 Thames Hare & Hounds       | * 00:56:16 | + 4:41        | 2nd Open    | +4:41         |
| 3   | Michael Gallagher              | 28 Serpentine R.C.            | 00:57:14   | + 5:39        | 3rd Open    | +5:39         |
| 4   | Christoph Gertler              | 13 Eryri Harriers             | 00:58:00   | + 6:25        | 4th Open    | +6:25         |
| 5   | Andy Shaw                      | 9 Clevedon AC                 | 00:58:24   | + 6:49        | 5th Open    | +6:49         |
| 6   | Geoff Davis (V50)              | 33 TeamBath AC                | 00:58:25   | + 6:50        | 6th Open    | +6:50         |
| 7   | Paul Harris                    | 15 Haarlem Globetrotters      | 00:58:27   | + 6:52        | 7th Open    | +6:52         |
| 8   | Alan Kerr (V)                  | 6 Bridgend AC                 | 00:58:55   | + 7:20        | 8th Open    | +7:20         |
| 9   | Tim Pilkington                 | 40 Wigan Phoenix              | 00:59:52   | + 8:17        | 9th Open    | +8:17         |
| 10  | Mike Best (V50)                | 23 Poole Runners              | 01:00:05   | + 8:30        | 10th Open   | +8:30         |
| 11  | Terry Caveney (V40)            | 50 Les Croupiers RC (V)       | 01:01:30   | + 9:55        | 1st Vet     |               |
| 12  | Andrew Hulcoop (V40)           | 3 Bitton RR                   | 01:01:31   | + 9:56        | 11th Open   | +9:56         |
| 13  | Johnathon Handcock             | 36 T.R.O.T.s                  | 01:01:39   | + 10:04       | 12th Open   | +10:04        |
| 14  | Kevin Taylor (V40)             | 10 C.S.A. Wanderers           | 01:02:43   | + 11:08       | 13th Open   | +11:08        |
| 15  | Andy Ost                       | 8 Chepstow Harriers           | 01:02:57   | + 11:22       | 14th Open   | +11:22        |
| 16  | Peter Wetherhead (V50)         | 54 Wirral AC (V)              | 01:03:21   | + 11:46       | 2nd Vet     | +1:51         |
| 17  | Julian Bailey Gard (Snr) (V50) | 39 Westbury Harriers          | 01:03:33   | + 11:58       | 15th Open   | +11:58        |
| 18  | Lewis Jones (V50)              | 51 South West RR (V)          | 01:03:41   | + 12:06       | 3rd Vet     | +2:11         |
| 19  | David Crane (V40)              | 21 Neath Harriers             | 01:03:44   | + 12:09       | 16th Open   | +12:09        |
| 20  | Neil Williams (V40)            | 22 Pontypridd Roadents AC     | 01:04:57   | + 13:22       | 17th Open   | +13:22        |
| 21  | John Preston                   | 56 Corus Strip Products       | 01:05:04   | + 13:29       | 1st Bus     |               |
| 22  | Graham Vickers (V50)           | 38 Wesham Road Runners        | 01:05:32   | + 13:57       | 18th Open   | +13:57        |
| 23  | Steph Mason (F)                | 1 3M Gorseinon RR             | 01:06:30   | + 14:55       | 19th Open   | +14:55        |
| =   | Jeremy Brown                   | 31 Stroud & District AC       | 01:06:30   | + 14:55       | 19th Open   | +14:55        |
| =   | Chris Herbert (V)              | 49 Bristol & West AC (V)      | 01:06:30   | + 14:55       | 4th Vet     | +5:00         |
| 26  | Lisa Petit (F)                 | 45 Serpentine R.C. (L)        | 01:06:39   | + 15:04       | 1st Lady    |               |
| 27  | Kathryn Hough (F)              | 29 South West RR              | 01:07:15   | + 15:40       | 21st Open   | +15:40        |
| 28  | Lucy Ellis (F)                 | 14 Great Western Runners      | 01:07:36   | + 16:01       | 22nd Open   | +16:01        |
| 29  | Sandra Chipper (F)             | 17 Liswerry Runners           | 01:09:04   | + 17:29       | 23rd Open   | +17:29        |
| 30  | Dave Edwards (V50)             | 2 Abergele Harriers           | 01:09:09   | + 17:34       | 24th Open   | +17:34        |
| 31  | Kevin Woods                    | 11 Dulwich Runners            | 01:09:24   | + 17:49       | 25th Open   | +17:49        |
| 32  | Brenda Tiedtke (F)             | 24 Prestatyn RC               | 01:09:34   | + 17:59       | 26th Open   | +17:59        |
| 33  | Alison Heywood (F)             | 41 Winchester & District      | 01:09:41   | + 18:06       | 27th Open   | +18:06        |
| 34  | Tony Kavanagh (V50)            | 5 Brackla Harriers            | 01:09:49   | + 18:14       | 28th Open   | +18:14        |
| 35  | Clive Cooksey (V50)            | 26 San Dom./Parc BB RC        | 01:10:04   | + 18:29       | 29th Open   | +18:29        |
| 36  | Gus McGregor (V50)             | 42 Wirral AC                  | 01:10:37   | + 19:02       | 30th Open   | +19:02        |
| 37  | Rory Clisby                    | 57 Netregs                    | 01:10:55   | + 19:20       | 2nd Bus     | +5:51         |
| 38  | Jane Anderson (F)              | 7 Bromsgrove/Redditch AC      | 01:10:59   | + 19:24       | 31st Open   | +19:24        |
| 39  | Paul MacNamara (V40)           | 25 Salford Harriers AC        | 01:11:01   | + 19:26       | 32nd Open   | +19:26        |
| =   | Paul Clutterbuck               | 37 Vale Royal AC              | 01:11:01   | + 19:26       | 32nd Open   | +19:26        |
| 41  | Richard O'Brien (V50)          | 53 Thames Hare & Hounds (V)   | 01:11:57   | + 20:22       | 5th Vet     | +10:27        |
| 42  | Cecilia Hedberg (F)            | 30 Stragglers                 | 01:12:33   | + 20:58       | 34th Open   | +20:58        |
| 43  | Dave Greaves                   | 58 South Wales Police AAC     | 01:13:26   | + 21:51       | 3rd Bus     | +8:22         |
| 44  | Carol Miller (F)               | 44 Les Croupiers RC (L)       | 01:14:16   | + 22:41       | 2nd Lady    | +7:37         |
| 45  | Liz Clark (F)                  | 47 TeamBath AC (L)            | 01:14:29   | + 22:54       | 3rd Lady    | +7:50         |
| 46  | Janet O'Doherty (F)            | 18 Lytham St Annes RR         | 01:14:54   | + 23:19       | 35th Open   | +23:19        |
| 47  | John Strange (V50)             | 34 Telford Harriers           | 01:15:59   | + 24:24       | 36th Open   | +24:24        |
| 48  | Tracey Murphy (F)              | 46 Spa Striders (L)           | 01:16:38   | + 25:03       | 4th Lady    | +9:59         |
| 49  | Peter Avery (V40)              | 32 Tattenhall Runners         | 01:16:55   | + 25:20       | 37th Open   | +25:20        |
| 50  | Gavin Roberts (V40)            | 52 Swansea Harriers (V)       | 01:17:00   | + 25:25       | 6th Vet     | +15:30        |
| 51  | Gillian Murphy (F)             | 48 Blackpool Wyre & Fylde (V) | 01:17:44   | + 26:09       | 7th Vet     | +16:14        |
| =   | Cath Heap (F)                  | 4 Blackpool Wyre & Fylde      | 01:17:44   | + 26:09       | 38th Open   | +26:09        |
| 53  | Aled Williams                  | 55 Air Products PLC           | 01:17:51   | + 26:16       | 4th Bus     | +12:47        |
| 54  | Kim Pope (F)                   | 43 Bitton RR (L)              | 01:18:24   | + 26:49       | 5th Lady    | +11:45        |
| 55  | Janet Jones (F)                | 27 Sarn Helen Club            | 01:18:34   | + 26:59       | 39th Open   | +26:59        |
| 56  | Duncan Page (V40)              | 12 Eastleigh RC               | 01:20:16   | + 28:41       | 40th Open   | +28:41        |
| 57  | Geriant North                  | 19 Manchester YMCA            | 01:21:40   | + 30:05       | 41st Open   | +30:05        |
| 58  | Janice Pugh (F)                | 20 Middleton Harriers         | 01:24:30   | + 32:55       | 42nd Open   | +32:55        |

\* 60 second penalty imposed for rule infringement

[c:\Castles Relay\2008\Results\Finals\{389} stage 18.doc]

# Welsh Castles Relay 2008

## 15/06/2008 - Final Results

Stage 19: Navigation Park to Caerphilly Castle; Distance: 10.4 Miles  
Record: 01:02:07 (2002) - Alun Wood [Brackla Harriers]

| Pos | Runner                     | Team                          | Time     | Behind Leader | Class Posn. | Behind Leader |
|-----|----------------------------|-------------------------------|----------|---------------|-------------|---------------|
| 1   | Peter Coles (V40)          | 22 Pontypridd Roadents AC     | 01:04:25 |               | 1st Open    |               |
| 2   | Barney Southin             | 28 Serpentine R.C.            | 01:05:49 | + 1:24        | 2nd Open    | +1:24         |
| 3   | Gareth Thomas (V40)        | 16 Les Croupiers RC           | 01:06:14 | + 1:49        | 3rd Open    | +1:49         |
| 4   | Paul Wilson                | 9 Clevedon AC                 | 01:07:16 | + 2:51        | 4th Open    | +2:51         |
| 5   | Vince Thomas               | 6 Bridgend AC                 | 01:08:38 | + 4:13        | 5th Open    | +4:13         |
| 6   | Anthony Glover             | 39 Westbury Harriers          | 01:09:40 | + 5:15        | 6th Open    | +5:15         |
| 7   | Peter Crane (V40)          | 21 Neath Harriers             | 01:10:09 | + 5:44        | 7th Open    | +5:44         |
| 8   | Niall Urquhart (V40)       | 33 TeamBath AC                | 01:10:29 | + 6:04        | 8th Open    | +6:04         |
| 9   | Emma Patel (F)             | 41 Winchester & District      | 01:10:44 | + 6:19        | 9th Open    | +6:19         |
| 10  | Andrew Joseph Eccles (V40) | 40 Wigan Phoenix              | 01:11:01 | + 6:36        | 10th Open   | +6:36         |
| 11  | Dave Schubert (V)          | 31 Stroud & District AC       | 01:11:44 | + 7:19        | 11th Open   | +7:19         |
| 12  | John Thorpe (V40)          | 14 Great Western Runners      | 01:11:48 | + 7:23        | 12th Open   | +7:23         |
| 13  | Jerome Edwards             | 26 San Dom./Parc BB RC        | 01:12:00 | + 7:35        | 13th Open   | +7:35         |
| 14  | Richard Tiermeyer          | 15 Haarlem Globetrotters      | 01:13:12 | + 8:47        | 14th Open   | +8:47         |
| 15  | Gary Johnston (V50)        | 48 Blackpool Wyre & Fylde (V) | 01:13:13 | + 8:48        | 1st Vet     |               |
| 16  | Simon Fox (V40)            | 54 Wirral AC (V)              | 01:13:45 | + 9:20        | 2nd Vet     | +0:32         |
| 17  | Michelle Kerfoot (F)       | 43 Bitton RR (L)              | 01:14:50 | + 10:25       | 1st Lady    |               |
| 18  | Martin Davies (V40)        | 12 Eastleigh RC               | 01:14:54 | + 10:29       | 15th Open   | +10:29        |
| 19  | Geoff Fisher (V50)         | 30 Stragglers                 | 01:15:01 | + 10:36       | 16th Open   | +10:36        |
| 20  | Dave Moulder (V50)         | 51 South West RR (V)          | 01:15:44 | + 11:19       | 3rd Vet     | +2:31         |
| 21  | Darren Lock                | 23 Poole Runners              | 01:16:14 | + 11:49       | 17th Open   | +11:49        |
| 22  | Les Chapman (V50)          | 10 C.S.A. Wanderers           | 01:17:01 | + 12:36       | 18th Open   | +12:36        |
| 23  | Helen Usborne (F)          | 45 Serpentine R.C. (L)        | 01:17:06 | + 12:41       | 2nd Lady    | +2:16         |
| 24  | Dave Haines                | 37 Vale Royal AC              | 01:17:17 | + 12:52       | 19th Open   | +12:52        |
| 25  | Mark Terry (V50)           | 36 T.R.O.T.s                  | 01:17:37 | + 13:12       | 20th Open   | +13:12        |
| 26  | Dave Cleverly (V40)        | 7 Bromsgrove/Redditch AC      | 01:18:45 | + 14:20       | 21st Open   | +14:20        |
| 27  | Clive Osmond (V40)         | 50 Les Croupiers RC (V)       | 01:19:30 | + 15:05       | 4th Vet     | +6:17         |
| 28  | Helen Yule (F)             | 17 Lliswerry Runners          | 01:19:39 | + 15:14       | 22nd Open   | +15:14        |
| 29  | Paul Ezard                 | 5 Brackla Harriers            | 01:20:14 | + 15:49       | 23rd Open   | +15:49        |
| 30  | Jeanette Fox (F)           | 42 Wirral AC                  | 01:20:18 | + 15:53       | 24th Open   | +15:53        |
| 31  | Tony Croft (V40)           | 18 Lytham St Annes RR         | 01:20:40 | + 16:15       | 25th Open   | +16:15        |
| 32  | Scott Perry                | 58 South Wales Police AAC     | 01:21:33 | + 17:08       | 1st Bus     |               |
| 33  | Vikki Filsell (F)          | 35 Thames Hare & Hounds       | 01:21:34 | + 17:09       | 26th Open   | +17:09        |
| 34  | Mike Holmes (V50)          | 25 Salford Harriers AC        | 01:23:16 | + 18:51       | 27th Open   | +18:51        |
| 35  | Steve Bull (V50)           | 3 Bitton RR                   | 01:23:38 | + 19:13       | 28th Open   | +19:13        |
| 36  | Geoff White (V50)          | 1 3M Gorseinon RR             | 01:23:48 | + 19:23       | 29th Open   | +19:23        |
| 37  | Mary Penny (F)             | 49 Bristol & West AC (V)      | 01:24:00 | + 19:35       | 5th Vet     | +10:47        |
| 38  | Graham Innes               | 32 Tattenhall Runners         | 01:24:56 | + 20:31       | 30th Open   | +20:31        |
| 39  | Hugh Burchard (V40)        | 57 Netregs                    | 01:25:07 | + 20:42       | 2nd Bus     | +3:34         |
| 40  | John Mervyn Williams (V40) | 13 Eryri Harriers             | 01:26:46 | + 22:21       | 31st Open   | +22:21        |
| 41  | Pip Hayes (F)              | 29 South West RR              | 01:27:00 | + 22:35       | 32nd Open   | +22:35        |
| 42  | Jeff Wright (V50)          | 34 Telford Harriers           | 01:27:42 | + 23:17       | 33rd Open   | +23:17        |
| 43  | Ade Taylor (F)             | 19 Manchester YMCA            | 01:28:17 | + 23:52       | 34th Open   | +23:52        |
| 44  | Robin Dickson (V50)        | 53 Thames Hare & Hounds (V)   | 01:28:57 | + 24:32       | 6th Vet     | +15:44        |
| 45  | Sara McBride Stewart (F)   | 44 Les Croupiers RC (L)       | 01:28:58 | + 24:33       | 3rd Lady    | +14:08        |
| 46  | Reg Chapman (V50)          | 38 Wesham Road Runners        | 01:29:21 | + 24:56       | 35th Open   | +24:56        |
| 47  | Adam Abraham               | 56 Corus Strip Products       | 01:29:24 | + 24:59       | 3rd Bus     | +7:51         |
| 48  | Gwen Smith (F)             | 52 Swansea Harriers (V)       | 01:29:34 | + 25:09       | 7th Vet     | +16:21        |
| 49  | Gerry Ashton (V50)         | 8 Chepstow Harriers           | 01:29:52 | + 25:27       | 36th Open   | +25:27        |
| 50  | Tracey Ellor (F)           | 4 Blackpool Wyre & Fylde      | 01:30:54 | + 26:29       | 37th Open   | +26:29        |
| 51  | Katy Williams (F)          | 2 Abergele Harriers           | 01:31:53 | + 27:28       | 38th Open   | +27:28        |
| 52  | Gareth Jones (V40)         | 27 Sarn Helen Club            | 01:32:11 | + 27:46       | 39th Open   | +27:46        |
| 53  | Miriam Mitchell (F)        | 47 TeamBath AC (L)            | 01:32:43 | + 28:18       | 4th Lady    | +17:53        |
| 54  | Kyrinda Hurst-Moor (F)     | 20 Middleton Harriers         | 01:35:09 | + 30:44       | 40th Open   | +30:44        |
| =   | Dimitri Wittevrongel (V40) | 55 Air Products PLC           | 01:35:09 | + 30:44       | 4th Bus     | +13:36        |
| 56  | Susan Faulkner (F)         | 46 Spa Striders (L)           | 01:38:26 | + 34:01       | 5th Lady    | +23:36        |
| 57  | Eleri Goddard (F)          | 24 Prestatyn RC               | 01:38:53 | + 34:28       | 41st Open   | +34:28        |
| 58  | Barry Dabrowski (V50)      | 11 Dulwich Runners            | 01:44:00 | + 39:35       | 42nd Open   | +39:35        |

# Welsh Castles Relay 2008

## 15/06/2008 - Final Results

Stage 20: Caerphilly Castle to Cardiff Castle; Distance: 10.4 Miles  
Record: 00:55:02 (2005) - Richie Gardiner [South Wales Police AAC]

| Pos | Runner                  | Team                          | Time     | Behind Leader | Class Posn. | Behind Leader |
|-----|-------------------------|-------------------------------|----------|---------------|-------------|---------------|
| 1   | Phil Leybourne (V40)    | 48 Blackpool Wyre & Fylde (V) | 01:00:04 |               | 1st Vet     |               |
| 2   | Malc Eadie              | 4 Blackpool Wyre & Fylde      | 01:00:31 | + 0:27        | 1st Open    |               |
| 3   | David Williams          | 16 Les Croupiers RC           | 01:01:24 | + 1:20        | 2nd Open    | +0:53         |
| 4   | Richard Malin (V40)     | 7 Bromsgrove/Redditch AC      | 01:01:32 | + 1:28        | 3rd Open    | +1:01         |
| 5   | Chris Daniels           | 35 Thames Hare & Hounds       | 01:01:51 | + 1:47        | 4th Open    | +1:20         |
| 6   | John Duncan (V)         | 49 Bristol & West AC (V)      | 01:03:58 | + 3:54        | 2nd Vet     | +3:54         |
| 7   | Mark Cooper (V40)       | 9 Clevedon AC                 | 01:04:36 | + 4:32        | 5th Open    | +4:05         |
| 8   | Darren McNeely          | 28 Serpentine R.C.            | 01:05:32 | + 5:28        | 6th Open    | +5:01         |
| 9   | Emma Hitchins (F)       | 51 South West RR (V)          | 01:05:36 | + 5:32        | 3rd Vet     | +5:32         |
| 10  | Mark Evans              | 10 C.S.A. Wanderers           | 01:06:12 | + 6:08        | 7th Open    | +5:41         |
| 11  | Steve Myerscough        | 38 Wesham Road Runners        | 01:06:20 | + 6:16        | 8th Open    | +5:49         |
| 12  | Robin Smoult            | 17 Llisbury Runners           | 01:06:28 | + 6:24        | 9th Open    | +5:57         |
| 13  | Michaela McCallum (F)   | 41 Winchester & District      | 01:07:12 | + 7:08        | 10th Open   | +6:41         |
| 14  | Larry Mathews (V40)     | 53 Thames Hare & Hounds (V)   | 01:07:30 | + 7:26        | 4th Vet     | +7:26         |
| 15  | Gordon Jones (V40)      | 24 Prestatyn RC               | 01:07:44 | + 7:40        | 11th Open   | +7:13         |
| 16  | Steven McCormack        | 2 Abergele Harriers           | 01:07:52 | + 7:48        | 12th Open   | +7:21         |
| 17  | Paul Wathan             | 13 Eryri Harriers             | 01:08:12 | + 8:08        | 13th Open   | +7:41         |
| 18  | Steve Hooper (V40)      | 22 Pontypridd Roadents AC     | 01:08:22 | + 8:18        | 14th Open   | +7:51         |
| 19  | Andy Doel (V40)         | 21 Neath Harriers             | 01:09:14 | + 9:10        | 15th Open   | +8:43         |
| 20  | Colin Bailey-Wood (V40) | 11 Dulwich Runners            | 01:09:22 | + 9:18        | 16th Open   | +8:51         |
| 21  | Andrew Cleverly         | 56 Corus Strip Products       | 01:09:24 | + 9:20        | 1st Bus     |               |
| 22  | Gerry Crispie (V40)     | 50 Les Croupiers RC (V)       | 01:09:37 | + 9:33        | 5th Vet     | +9:33         |
| 23  | Alan Walton             | 26 San Dom./Parc BB RC        | 01:10:14 | + 10:10       | 17th Open   | +9:43         |
| 24  | Mike Harrington         | 37 Vale Royal AC              | 01:10:18 | + 10:14       | 18th Open   | +9:47         |
| 25  | Steve Harris            | 8 Chepstow Harriers           | 01:12:23 | + 12:19       | 19th Open   | +11:52        |
| 26  | Gary Brooks (V40)       | 54 Wirral AC (V)              | 01:12:36 | + 12:32       | 6th Vet     | +12:32        |
| 27  | Matthew Parkes          | 6 Bridgend AC                 | 01:12:53 | + 12:49       | 20th Open   | +12:22        |
| 28  | Mike Davis (V50)        | 31 Stroud & District AC       | 01:12:55 | + 12:51       | 21st Open   | +12:24        |
| 29  | Roger Coombes (V40)     | 36 T.R.O.T.s                  | 01:12:58 | + 12:54       | 22nd Open   | +12:27        |
| 30  | John Diffey (V)         | 58 South Wales Police AAC     | 01:13:02 | + 12:58       | 2nd Bus     | +3:38         |
| 31  | Christine Thomas (F)    | 23 Poole Runners              | 01:13:08 | + 13:04       | 23rd Open   | +12:37        |
| 32  | Ian Wilding             | 19 Manchester YMCA            | 01:13:15 | + 13:11       | 24th Open   | +12:44        |
| 33  | Dave Rose               | 5 Brackla Harriers            | 01:13:18 | + 13:14       | 25th Open   | +12:47        |
| 34  | Roy Hayward (V40)       | 33 TeamBath AC                | 01:13:44 | + 13:40       | 26th Open   | +13:13        |
| 35  | Eric Rees               | 27 Sarn Helen Club            | 01:14:04 | + 14:00       | 27th Open   | +13:33        |
| 36  | Phil Derbyshire (V50)   | 40 Wigan Phoenix              | 01:14:14 | + 14:10       | 28th Open   | +13:43        |
| 37  | Sarah Edmunds (F)       | 45 Serpentine R.C. (L)        | 01:14:46 | + 14:42       | 1st Lady    |               |
| 38  | Steve Mant              | 12 Eastleigh RC               | 01:15:16 | + 15:12       | 29th Open   | +14:45        |
| 39  | Rob Sandles (V40)       | 1 3M Gorseinon RR             | 01:15:19 | + 15:15       | 30th Open   | +14:48        |
| 40  | Andrew Hosking (V40)    | 3 Bitton RR                   | 01:15:31 | + 15:27       | 31st Open   | +15:00        |
| 41  | Dave Townsend (V40)     | 25 Salford Harriers AC        | 01:19:04 | + 19:00       | 32nd Open   | +18:33        |
| 42  | Andy Seal (V40)         | 34 Telford Harriers           | 01:19:05 | + 19:01       | 33rd Open   | +18:34        |
| 43  | Sharon Andrews (F)      | 43 Bitton RR (L)              | 01:20:02 | + 19:58       | 2nd Lady    | +5:16         |
| 44  | Julie Scholey (F)       | 44 Les Croupiers RC (L)       | 01:20:35 | + 20:31       | 3rd Lady    | +5:49         |
| 45  | Ali Whitelaw (F)        | 55 Air Products PLC           | 01:20:47 | + 20:43       | 3rd Bus     | +11:23        |
| 46  | Hilary Hillhouse (F)    | 30 Stragglers                 | 01:21:06 | + 21:02       | 34th Open   | +20:35        |
| 47  | Heather Weavil (F)      | 47 TeamBath AC (L)            | 01:21:27 | + 21:23       | 4th Lady    | +6:41         |
| 48  | Chris Gurney (V40)      | 29 South West RR              | 01:21:35 | + 21:31       | 35th Open   | +21:04        |
| 49  | Gary Waters (V)         | 52 Swansea Harriers (V)       | 01:22:54 | + 22:50       | 7th Vet     | +22:50        |
| 50  | Marjo Van Hengel (F)    | 15 Haarlem Globetrotters      | 01:23:17 | + 23:13       | 36th Open   | +22:46        |
| 51  | Chris Booth (V50)       | 57 Netregs                    | 01:23:32 | + 23:28       | 4th Bus     | +14:08        |
| 52  | Ginny Willey (F)        | 20 Middleton Harriers         | 01:24:02 | + 23:58       | 37th Open   | +23:31        |
| 53  | Phil Chan (V40)         | 14 Great Western Runners      | 01:25:11 | + 25:07       | 38th Open   | +24:40        |
| 54  | Willie Richmond (V40)   | 18 Lytham St Annes RR         | 01:25:31 | + 25:27       | 39th Open   | +25:00        |
| 55  | Hayley French (F)       | 46 Spa Striders (L)           | 01:26:08 | + 26:04       | 5th Lady    | +11:22        |
| 56  | Rob Webster (V40)       | 32 Tattenhall Runners         | 01:26:43 | + 26:39       | 40th Open   | +26:12        |
| 57  | Julie Gibson (F)        | 42 Wirral AC                  | 01:27:22 | + 27:18       | 41st Open   | +26:51        |
| 58  | Laura Thom (F)          | 39 Westbury Harriers          | 01:32:26 | + 32:22       | 42nd Open   | +31:55        |